





## From our Executive Director



The first few months of 2023 were, for The Addis Clinic, a time of unexpected change, introspection and reaffirmed enthusiasm for our mission. We remain committed to increasing access to health care around the world for its most vulnerable people using an innovative combination of digital health interventions and community-based care. Each day we see the need for our work growing as global problems persist.

In 2022, new HIV infections in Kenya increased for the first time in a decade. Flooding in Somalia has worsened an already existing humanitarian crisis of conflict and drought. As a result of climate change, food insecurity is rising. Women and girls remain the most vulnerable group in East Africa.

These statements by themselves may seem pessimistic and overwhelming. Yet, when we combine our motivated local staff of over 28 healthcare providers, a worldwide corps of volunteers, programs designed and executed at the community level, and supporters who share our passion to address some of the most substantial issues of our time, we are more powerful than the challenges at hand.

In this first quarter report of 2023, we're excited to reintroduce you to our programs and their impact. Impact that is only made possible by our staff, donors, and volunteers. If you're reading this and haven't considered joining us in our efforts, I want you to know that 100% of your contributions go directly and immediately to our work on the ground. To our generous supporters that fuel us every single day - thank you. It is because of you that our team is changing lives and communities for the better.

A handwritten signature in black ink that reads "Meghan E. Moretti". The signature is written in a cursive, flowing style.

**Meghan Moretti, RN, FNP-BC, Executive Director at The Addis Clinic**



# Through our mobile clinics, we served **4,371** total patients in Somalia, including



1041 women

1033 children

233 adolescent girls

59 pregnant mothers

26 live births

187 prenatal and postnatal visits

**“ I meet thousands of internally displaced people each month, and while their needs are overwhelming, The Addis Clinic enables me to do more than I’ve ever been able to do before. With support from medical colleagues around the world, I manage complicated cases in an area where resources are extremely limited.**

**- Ibrahim, Clinical Officer in Mogadishu, Somalia**



# Our team has been working hard to overcome some of the challenges facing the Somali population, including

## Food Insecurity

At least **6.7 million Somalis**, almost half of Somalia's 17.1 million population, face **acute food insecurity**, with 300,000 expected to experience famine this spring. More than half a million Somali children suffer severe malnutrition, 173,000 more than during the 2011 famine. More than **one million Somalis** have been internally displaced due to the **lack of food** and water and seek to relocate to areas where they can access international humanitarian supplies.

Brookings Institution  
(<https://www.brookings.edu/blog/order-from-chaos/2023/01/27/somalias-challenges-in-2023/>)





The Kenyan Girls Health and Safety Program team celebrated **International Women's Day** in Kwale County



Our Kenyan mobile clinics served **1646** total patients, including

725 women

430 adolescent girls

67 girls under the age of 5

**and conducted**

320 health screenings





It's so amazing that these children keep appointment dates without failure, no drugs missed during clinic visits.

- Veronia, Program Navigator in Homa Bay County, Kenya

This March in western Kenya, our program navigators and peer educators spent dedicated time with young people discussing the **Triple Zero Campaign**: Zero Missed Appointments, Zero Missed Drugs, and Zero High Viral Load clients.



**We registered 9255 people living with HIV through our HIV Messaging and Outreach program**



We trained **55** new providers through our **partnership** with local healthcare providers in **Migori County, Kenya.**

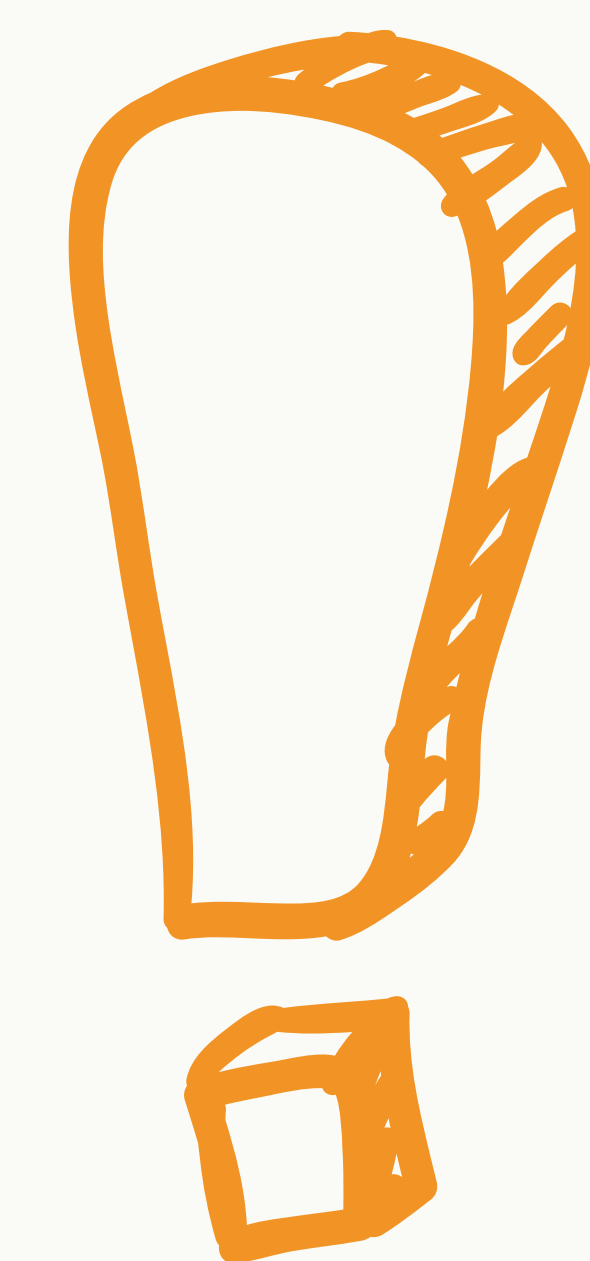
In February, health directors and chief medical officers in Migori County were excited to receive The Addis Clinic as their “**first partner with an innovative idea of addressing patient health burdens.**” Clinicians received extensive training on using telemedicine to **improve patient management and health outcomes** while increasing access to medical specialists without physical referrals. <sup>7</sup>





# Our Global Health Education Program has...

- Begun a **TeleDermatology project** with University of Pittsburgh School of Medicine
- Started its **5th iteration of the Global Telemedicine** with The Addis Clinic elective at the **University of Pittsburgh School of Medicine**
- Commenced its **3rd semester** as a project site for Vanderbilt University MPH Program's **Essential Skills in Global Health course**



The Addis Health Series reached **over 100 clinicians** in East Africa through our monthly webinar offerings 8



# We can't **thank you** enough for all your support!

If you would like to support our programs, join our community of volunteers, or learn more about our work, please visit our website at [addisclinic.org](https://addisclinic.org) or share your thoughts with us by email at [office@addisclinic.org](mailto:office@addisclinic.org).

Check us out on social media via the links below!



The Addis Clinic is a 501 (c)(3) nonprofit organization, EIN 27-3487948. All contributions are tax-deductible.